


SIMPLICITY



“The simplicity which is in Christ is rarely found among us. In its stead are programs, methods, organizations, and a world of nervous activities, which occupy time and attention but can never satisfy the longing of the heart.”

- ***A.W. Tozer***, *The Pursuit of God*



**Living with less creates space to
know Jesus more.**



MARK 10:17-20 NIV

As Jesus started on his way, a man ran up to him and fell on his knees before him. “Good teacher,” he asked, “what must I do to inherit eternal life?” ¹⁸ “Why do you call me good?” Jesus answered. “No one is good—except God alone. ¹⁹ You know the commandments: ‘You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, you shall not defraud, honor your father and mother.’” ²⁰ “Teacher,” he declared, “all these I have kept since I was a boy.”

MARK 10:21-22 NIV

Jesus looked at him and loved him. “One thing you lack,” he said. “Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me.”
²² At this the man’s face fell. He went away sad, because he had great wealth.

MATTHEW 6:31-34 NIV

So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



“There are two ways to get enough: one is to accumulate more and more. The other is to desire less.”

- ***G.K. Chesterton***



LUKE 9:23-25 NIV

Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. ²⁴ For whoever wants to save their life will lose it, but whoever loses their life for me will save it. ²⁵ What good is it for someone to gain the whole world, and yet lose or forfeit their very self?”



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SIMPLIFY

Calendar (*Do Less*)

Possessions (*Own Less*)

Commitments (*Less Obligation*)

Media (*Less Screen Time*)

"Simplicity is an inward reality that can
be seen in an outward lifestyle."

Richard Foster



Go Without



Say No



Turn Off



BARRIERS TO SIMPLICITY

Fear of Missing Out

Fear of Silence

Fear of Not Measuring Up

Fear of Discontentment



"The wonderful thing about simplicity is its ability to give us contentment."

Richard Foster, *Freedom of Simplicity*



SIMPLIFY

Be Restful (spiritual health)

Be Intentional (relational health)

Be Charitable (material health)



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